Rail & Construction Training

Training Lives Ltd



Welcome to Training Lives

Training Lives is your premier destination for railway and construction industry training. We offer a wide range of accredited courses designed to enhance safety, skills, and career development.

Dedicated to excellence in Railway & Construction training, empowering the 'orange army' with skills for success!



Health & Safety Courses

Our Health & Safety courses ensure that individuals are prepared to manage safety on construction sites effectively. Courses include:

CITB Site Managers Safety Training Scheme CITB Site Supervision Safety Training Scheme CITB Health and Safety Awareness SA002 Underground Safety Specification Training Course N714 Safety at Street and Roadworks



Civils & Construction Courses

We offer a range of courses for the Civils & Construction sector, including NPORS Industrial Counterbalanced Forklift Truck, NPORS Telescopic Handler, and more, tailored to various levels of experience.

NPORS Telescopic Handler (N010)

NRSWA Street Works Operative Course

NRSWA Street Works Supervisor Course

SA002 Underground Safety Specification Training Course

SA006 Safe Working in Civils Specification

NPORS Industrial Counterbalanced Forklift Truck (N001)

NPORS Excavator 180 (N201)

N702B Confined Spaces (Medium Risk)

NPORS Manual Handling (N704)

Visit our website for more **Civils & Construction Courses**





Railway Safety Courses

Our Railway Safety courses are designed to provide comprehensive safety training specific to the railway industry.

Track Induction (5 day course) COSS Initial inc. OLP/CRP LLT (inc PTS/DCCR Recert) COSS Interim Core Competence – Workplace Assessment ES Interim Core Competence Workplace Assessment DC Conductor Rails (DCCR) Recertification Individual Working Alone AOD Level Crossing Attendant – Recert Protection Controller – Initial Site Warden Initial

Visit our website for more Railway Safety Courses

CIRAS



Contact us

For more information or to register for a course, please contact us:

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See us on Social



